

# Get Ready for Piano Lessons!

Start your musical education off on a strong note this year by getting ready for the first lesson! Our team is happy to help with any questions you have.

## Instrument

If you have an acoustic piano, consider a yearly tuning to keep your piano sounding its best, and to prevent costly future repairs.

If you are purchasing a digital piano this year, opt for a full-size (88 key) option with weighted keys. Contact us if you need help finding a suitable instrument!



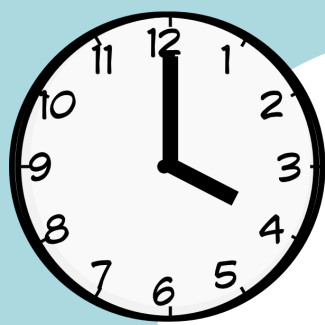
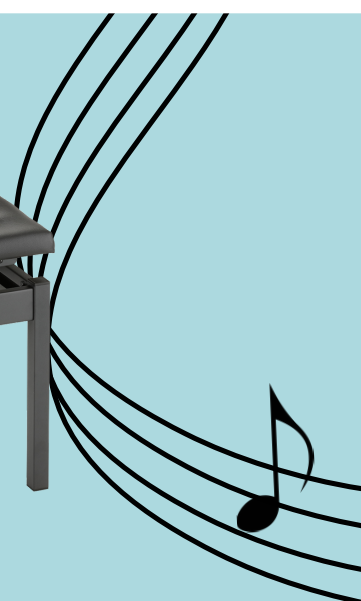
## Books

Organize the books needed for lessons. Purchase the books on the required materials list if you are a new student, or organize your notebook, and any lesson or theory books you are currently working on so they are ready for the first lesson.

## Bench and Footstool

Good posture facilitates the development of good technique! Sit on the front half of the bench, have your forearms and hands straight and level with the keys, and keep feet flat on a surface (floor or stool).

Foam mats or folded towels can be used to boost a child up high enough at the piano, or purchase a highly adjustable piano bench. A footstool may be needed to keep a child's feet grounded during practice.



## Practice Routine

Making progress at the piano requires consistent practice time at the piano. Take a look at your schedule and plan the times when you and/or your child will spend time at the piano. Aim for 5 days per week, and around 10 minutes x the level for an approximate amount of daily practice time. When practicing, quality of the practice is better than quantity!

## Stay in Touch!

We value your input! If your child is struggling during their practice sessions or if you have any questions, don't hesitate to reach out to your teacher. Please refer to the teaching calendar for information about scheduled days off throughout the year. To ensure you receive our email updates and details about recitals (held twice a year - Winter and Spring), add the Calgary Piano Expressions email to your safe sender list. For additional updates, you can also follow us on Facebook and Instagram! We're thrilled to welcome you to our studio and look forward to supporting you on your musical journey!



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